



Community Outreach

Links for Resources

This website is an excellent resource for various needs: <https://www.findhelp.org/>

Food

- Tackle Hunger: <https://map.tacklehunger.org/>
- FREE: Harvest Food Project
 - Phone: (214) 232-0337
- PAN: Monthly box of food from North Texas Food Bank
 - Phone: (214) 367-3123
- Friday Food Basket at North Dallas Shared Ministries
 - Phone: (214) 358-8700
- Meals on Wheels
 - Phone: (214) 689-2639

Rent/Mortgage Assistance

- ER Rental Assistance Program: (214) 819-1968
 - Website: <https://www.dallascounty.org/departments/dchhs/housing-programs/erap.php>
- City of Dallas Welfare Program: (214) 819-2000
- Pilgrim Rest:

(Eligible Zip Codes: 75203, 75204, 75205, 75207, 75208, 75209, 75210, 75212, 75214, 75215, 75219, 75223, 75225, 75226, 75235, 75246, 75247, 75390)

- Website: [Apply for Assistance](#)
- Phone: (214) 821-4443

Water Bill Assistance

- City of Dallas Water bill help- Operation Water share
 - Phone: (214) 651-1441
- St. Vincent DePaul:
 - Phone: (469) 607-0909

Aging in Place: Free In-home Care

- Department of Disability & Aging (DADS) Community Attendant Services
 - Intake line: 1-888-337-6377

Home Repairs

- Area Agency on Aging Access and Assistance Program: (214) 871-5065
- Rebuilding Together: (972) 245-6900 (closed until 2024)
- Habitat for Humanity's A Brush with Kindness Program: (214) 678-2300
- Hearts & Hammers: (651) 636-0797
 - [Apply for Assistance](#)
- Texas Ramp Project: Call the Senior Source for a direct referral

Dental Programs

- North Dallas Shared Ministries: (214) 358-8729
- Mission East Dallas: (972) 682-8917

Financial Assistance

- St. Vincent DePaul: (469) 607-0909

Low-Cost Pharmacy

- Mark Cuban Cost Plus
 - Website: <https://costplusdrugs.com/>

Free Pharmacy (for people without insurance only):

- St. Vincent DePaul: (469) 607-0909
 - Website: <https://svdpdallas.org/pharmacy/>

Lifeline (discounted phone service):

- Website: <https://www.lifelinesupport.org/ls/apply-for-lifeline/default.aspx>

Internet

- AT&T Program: 1-855-220-5211
 - Website: <https://www.att.com/shop/internet/access/>

Low Vision Clinic: (214) 828-9900

- Website: <https://centerforvisionhealth.org/>

Hearing/Hearing Aid Resources

- Deaf Action Center: (214) 521-0407
- Dallas Hearing Foundation: (972) 424-7711

Parkland Financial Assistance Program

- To apply call: (214) 590-4900

Transportation

- Area Agency on Aging: (214) 871-5065
- My Ride Dallas: (972) 855-8084
- DART Rides Program: (214) 828-6717
- DART paratransit: (214) 515-PARA (7272)